



Kaneel





KANEEL

Indonesia has been known throughout history as the Archipelago of Spices. Over 30,000 spices, including cinnamon or Kaneel in Dutch, have been sought after worldwide for their medicinal properties. Inspired by the healing power of cinnamon, Kaneel aims to bring warmth, sweetness, comfort and relaxation in each of our carefully curated treatments.

At Kaneel, we use traditional holistic techniques packaged in elegance and luxury to deliver you only the best experience. Each treatment uses the purest natural ingredients to create effective remedies tailored to your unique needs. From a stress-relieving scalp massage to a full-body deep tissue massage, you will be left feeling refreshed and rejuvenated. Escape your busy routine for a day of self-pampering at Kaneel.



*Signature
Treatments*

SIGNATURE TREATMENTS

SACRED RADIANT JOURNEY - 210 minutes

Rejuvenate, refresh, renew. A holistic restoration journey that begins with a relaxing foot bath, a Deep Tissue Massage and energising face acupressure to bring back energy flow to the body before entering a state of ultimate relaxation with our signature scrub and mask. The experience will end with an ear candle treatment followed by a purifying bath of your choice. This package includes MAHALAYA signature tea blend and a healthy SPA Cuisine to complete the journey.

(20' foot bath, 60' massage, 30' face acupressure, 50' body scrub & mask, 20' ear candle, 30' bath)

THE ANURAKTI CEREMONY - 210 minutes

Spend quality time in the most relaxing unwinding session. Enter our luxurious private SPA Suites to enjoy Kaneel's signature foot bath and Ancient Spice Massage for a mind and body awakening. Complete your experience with a Nourishing Face Scrub as our therapist prepares a cleansing ear candle and warm bath to restore balance energy level in the body. This package includes MAHALAYA signature tea blend and a healthy SPA Cuisine to complete the journey.

(20' foot bath, 60' massage, 30' face scrub & mask, 50' body scrub & mask, 20' ear candle, 30' bath)



Healthy SPA Cuisine



HEALTHY SPA CUISINE

GINGER STEAMED SALMON

Steamed salmon fillet marinated in ginger soy sauce served with vegetable salad.

HAINANESE CHICKEN RICE

A choice of boiled or pan-seared boneless chicken served with Hainanese rice and sauteed bok choy.

BALINESE KING PRAWN

Sweet and spicy king prawn served with grilled steam rice and urap or mixed vegetable with grated coconut dressing.

*All menus are served with a side of soup, sliced fruits, and dessert.

*Healthy SPA
Cuisine*



A close-up photograph of a person's hands. The right hand is positioned above a small, shallow wooden bowl, with a thin stream of water falling from it into a larger wooden bowl held in the left hand. The background is a soft, out-of-focus white surface, possibly a bedsheet. The overall mood is calm and therapeutic.

*Kaneel Healing
Treatments*

KANEEL HEALING TREATMENTS

DEEP TISSUE JAVANESSE MASSAGE - 60 | 90 | 120 minutes

A full body massage uses pressure to release tension and enhance muscle mobility. This treatment is available in two-hands and four-hands options—an excellent massage for those wanting an instant uplift with lasting effect.

THERAPEUTIC HEALING MASSAGE - 60 | 90 | 120 minutes

An authentic Indonesian massage using heated aromatherapy oil to provide the ultimate relaxation. This technique incorporates hand-rolling and kneading strokes to relieve stiffness and tension on the arms, legs and back.

BASALT HOT STONE MASSAGE - 90 minutes

A therapeutic full body massage using aromatherapy oil and heated volcanic stones. The rhythmic strokes of warm stone will loosen tight muscles, unwind an anxious mind, and stimulate the body's power for self-healing.

REVITALISING BOREH REMEDY - 90 | 120 minutes

An elaborate technique using Balinese Boreh Scrub. It combines the benefit of cinnamon, ginger, nutmeg, clove and rice powder to warm the body and relieve any fatigue in the muscles and joints. A herbal bath is incorporated to conclude this treatment.

ANCIENT SPICE MASSAGE - 120 minutes

This full-body massage incorporates our signature homemade spice blend. Choose from a range of spice-infused aromatherapy, body scrub, and body mask including cinnamon, cloves, sandalwood, and ginger. The treatment ends with a soothing bath to deliver the ultimate stress-relieving experience.

ROYAL KERATON HOLISTIC MASSAGE - 150 minutes

This luxurious treatment is inspired by the traditional beauty regime at Keraton Surakarta. It combines revitalising face and body massage with a purifying Turmeric body scrub, mask and herbal bath. A perfect remedy to help detox and revive tired skin and improve blood circulation.



*Kaneel Healing
Treatments*

Kaneel Beauty Treatments



KANEEL BEAUTY TREATMENTS

ENERGISING FACE ACUPRESSURE - 45 minute

This treatment uses pressure applied to strategic points on the face to allow energy to flow back to the body. In addition to beauty, this technique can help relieve the respiratory tract, calm the mind, reduce anxiety, eliminate headaches, and improve sleep quality.

NOURISHING FACE SCRUB - 60 minutes

An effective regime for skin renewal to leave you feeling awake, radiant, and youthful. The treatment begins with a soothing face massage followed by an exfoliating face scrub and a hydrating face mask.

ROYAL KERATON LULUR BATH - 90 minutes

This luxurious treatment is inspired by the traditional beauty regime at Keraton Surakarta. It uses natural and organic ingredients to rejuvenate, soften, and hydrate the skin. A perfect beauty remedy to provide the ultimate relaxation.

VITAMIN E BRIGHTENING SCRUB - 120 minutes

A holistic beauty regime using vitamin E from natural fruits including avocado, strawberry, and orange to regenerate and brighten the skin. This treatment also contains antioxidant and anti-ageing ingredients.

DEEPLY DETOXIFYING BODY SCRUB - 120 minutes

An all-time favourite full-body treatment incorporating chocolate or coffee as a natural detox. The treatment begins with a relaxing massage followed by your choice of body scrub, mask, and bath to deliver a holistic cleansing experience.



*Kaneel Beauty
Treatments*

Kaneel Reflexology



KANEEL REFLEXOLOGY

FOOT MASSAGE - 30 | 60 minutes

Reflexology involves the application of pressure to specific points on the feet to allow energy flow that helps relax the body and promote natural healing. This treatment can be adjusted to target specific health needs.

BACK MASSAGE - 30 | 60 minutes

Ease tension and renew your physical, mental and emotional wellbeing from within. This treatment may include arms, shoulder, and neck massage to deliver a truly restorative experience.

HEAD MASSAGE - 30 minutes

This treatment delivers triple impact by targeting the scalp, neck, and shoulder. It provides quick stress relief by calming the mind, soothing headaches and stimulating restful sleep, especially when you are short on time.



*Kaneel
Reflexology*



*Kaneel
Price List*

PRICE LIST

KANEEL SIGNATURE TREATMENTS

	Duration	Price
Sacred Radiant Journey	210 min	625k
The Anurakti Ceremony	210 min	625k

KANEEL HEALING TREATMENTS

Deep Tissue Javanese Massage (Two-Hands)	60/90/120 min	245k/325k/375k
Deep Tissue Javanese Massage (Four-Hands)	60/90/120 min	465k/555k/675k
Therapeutic Healing Massage (Two-Hands)	60/90/120 min	255k/335k/385k
Therapeutic Healing Massage (Four-Hands)	60/90/120 min	475k/556k/685k
Basalt Hot Stone Massage	90 min	335k
Ancient Spice Massage	120 min	405k
Revitalizing Boreh Remedy	90/120 min	345k/405k
Royal Keraton Holistic Massage	150 min	435k

KANEEL BEAUTY TREATMENTS

Energizing Face Acupressure	45 min	195k
Nourishing Face Scrub	60 min	185k
Royal Keraton Lulur Bath	90 min	385k
Vitamin E Brightening Scrub	120 min	415k
Deeply Detoxifying Body Scrub	120 min	415k

KANEEL REFLEXOLOGY TREATMENTS

Foot Massage	30/60 min	165k/205k
Back Massage	30/60 min	165k/205k
Head Massage	30/60 min	165k/205k
Foot Massage + Back Massage	30/60 min	195k/245k
Foot Massage + Head Massage	30/60 min	195k/245k
Foot Massage + Back Massage + Head Massage	30/60 min	235k/265k

ADDITIONAL TREATMENTS

Ear Candle	30 min	175k
Body Scrub	30 min	95k
Body Mask	30 min	95k
Foot Spa	60 min	225k

Interchangeable
Product Elements



INTERCHANGEABLE PRODUCT ELEMENTS

AROMATHERAPY & THERAPEUTIC OIL

Jasmine	Cinnamon	Green Tea
Frangipani	Clove	Lemongrass
Lavender	Sandalwood	Vetiver

BODY SCRUB & BODY MASK

Boreh	Coffee	Strawberry
Turmeric	Chocolate	Avocado
Cinnamon	Milk	Orange
Ginger	Rose	Green Tea

FACE SCRUB & FACE MASK

Yam (*Bengkuan*)
Strawberry
Avocado
Milk
Green Tea

BATH

Herbal Bath
Milk Bath
Flower Bath

SPA ETIQUETTE

ARRIVAL

Please be early and arrive at least 15 minutes before your scheduled appointment. Our expert therapist will perform a comprehensive need analysis and advise the perfect SPA products for your treatment. Late arrival will result in a reduction in treatment time.

CANCELLATION / RESCHEDULING

Cancellation or rescheduling can be made at least 8 hours before the scheduled appointment. Rescheduling is subject to availability. Cancellation within 8 hours will incur a 50% charge.

SPA ATTIRE

Robes, towels, slippers and disposable undergarments will be provided at Kaneel. You may wear your undergarments or swimwear during treatment.

ALLERGIES / HEALTH CONDITIONS

Our hosts will assess your suitability for treatment and ask about any health-related issues. Please inform our hosts and therapist of any prior conditions, allergies, or injuries that may affect your treatment.

PRODUCTS

All products used at Kaneel are 100% natural and free from synthetic preservatives and additives.

EXCHANGE & REFUND POLICY FOR PRODUCTS

Products purchased from Kaneel SPA are refundable within one month if the product has not been used. Customers must present original receipt and packaging.

LOSS & DAMAGE

Kaneel and MAHALAYA: The Legacy are not responsible for any loss and damage of personal belongings. Please keep all jewellery and other valuables locked during your visit. You may ask for Kaneel's robe and disposable underwear to protect your clothing item.

ACCIDENTS / INJURIES

Kaneel and MAHALAYA: The Legacy are not liable for any accidents or injuries suffered by customers or guests.

PRIVACY

Kaneel respects all guests' right to privacy and serenity. Please note that Kaneel is a mobile phone-, pager- and camera-free zone.

PRICE & PAYMENT

All prices are quoted in Indonesian Rupiah and are subject to 21% government tax and service. Prices may change at any time without prior notice. We accept payment in credit cards, debit cards, and cash.

RESTRICTIONS ON-PREMISE

The consumption of drugs, alcohol and tobacco is strictly prohibited.



